

Marathon to Marathon Race Records - 2006

Top 5 Marathon Times - Men

Open	1 Bryan Postma	2:31:08	1996 WA
	2 Dave Dixon	2:37:18	1999
	3 Dave Dixon	2:37:27	1998
	4 Peter Euler	2:38:20	1999 KS
	5 Mike Kuckta	2:38:51	1998 NE
0-19	1 Eric Mittman	3:06:26	2000
	2 Nathan Rath	3:18:27	2001
	3 Nathan Rath	3:29:34	2000
	4 Matt Renken	3:42:45	1997
	5 John Henningsen	3:45:10	1997
20-29	1 Dave Dixon	2:37:18	1999
	2 Dave Dixon	2:37:27	1998
	3 Peter Euler	2:38:30	1999 KS
	4 Kevin Kean	2:41:54	2005
	5 Dave Dixon	2:42:04	1997
30-39	1 Bryan Postma	2:31:08	1996 WA
	2 Mike Kuckta	2:38:51	1998 NE
	3 Dave Dixon	2:40:46	2000
	4 Wayne Dalton	2:41:44	2003 WI
	5 Dave Dixon	2:43:07	2002
40-49	1 Bryan Smith	2:48:13	2006
	2 James Amundson	2:52:16	1998 MN
	3 Gary Julin	2:52:51	1996 NE
	4 Dean Schillinger	2:54:41	2000
	5 Duane Dombek	2:54:53	1998 WV
50-59	1 Tom Dixon	3:11:47	1997
	2 Dave Fitz	3:11:55	2006
	3 Gary Julin	3:14:04	1999 NE
	4 Thomas Barna	3:15:36	2005
	5 Kenny Hunziker	3:16:45	2001 MO
60 -69	1 Guy Ealey	3:22:36	2000
	2 Dick Green	3:32:19	1996 NY
	3 John Maultsby	3:35:55	2005 NV
	4 Dick Green	3:41:23	1997 NY
	5 Charles Kielkopf	3:42:07	1997 OH
70+	1 Jerry Sombke	4:20:23	2006 MN
	2 Cesare Manetti	4:53:52	2006 IL
	3 Eugene Defonzo	5:43:11	2006 CT

70+ Category added in 2006

(Note: All runners from Iowa, unless noted otherwise)

Top 5 Marathon Times - Women

Open	1 Marla Rhoden	3:16:26	2002 KS
	2 Jennifer Broton	3:17:38	1998 MN
	3 Andriette Wickstrom	3:19:05	1997
	4 Karen Plucinski	3:19:21	2003 MO
	5 Andriette Wickstrom	3:23:14	1998
0-19	1 Amber Morgan	4:00:25	2001
	2 Renee Neufeld	4:06:01	1999 SD
	3 Kelsey Fabre	4:30:40	2001 TX
	4 Julie Drulls	4:33:14	1996
	5 Andrea Fastenow	4:37:01	1996
	5 Laura Schlapkohl	4:37:01	1996
20-29	1 Jennifer Broton	3:17:38	1998 MN
	2 Betsey Utter	3:24:46	1998 MN
	3 Kristen Mitchell	3:28:14	2002
	4 Deborah Anderson	3:35:12	1997 MN
	5 Sara Fonda	3:37:17	2004 NE
30-39	1 Mary Erickson	3:25:47	2003 WI
	2 Tamara Marker	3:26:35	2004 MN
	3 Donna Bushey	3:26:55	2000 PA
	4 Debi Hogan	3:29:04	1996
	5 Ann Skellinger	3:30:21	1996
40-49	1 Marla Rhoden	3:16:26	2002 KS
	2 Andriette Wickstrom	3:19:05	1997
	3 Karen Plucinski	3:19:21	2003 MO
	4 Andriette Wickstrom	3:23:14	1998
	5 Karen Plucinski	3:25:25	2004 MO
50-59	1 Amy Yanni	3:32:51	2006 SD
	2 Donna Olson	3:55:13	2001 MI
	3 Lois Hunziker	3:59:28	2001 MO
	4 Mary Croft	4:01:31	1997 MN
	5 Bonnie Lear	4:07:28	2003 MN
60+	1 Joyce Hodges-Hite	4:03:01	1997 GA
	2 Lois DeGonda	5:03:11	1997
	3 Mary Bensen	5:08:08	2006 MN
	4 Donna Arbuckle	5:23:39	2001 CA
	5 Sami Bailey	5:23:50	2000 IN

Top Marathon Time - Women's Wheelchair

1 Mary Thompson 3:21:55 2005 CA

Marathon to Marathon Half Race Records 2006

Top 5 Half Marathon Times - Men

Open	1	Mark Plucinski	1:24:18	2006	MO
	2	Bob Spangler	1:26:36	2006	
	3	Jim Beiter	1:35:38	2006	KS
	4	Steven Price	1:37:11	2006	MN
	5	Michael Miller	1:40:01	2006	
14-19	1	Michael Miller	1:40:01	2006	
	2	Alex Striegel	1:55:52	2006	
20-29	1	Ben Spangler	1:26:36	2006	
	2	Steven Price	1:37:11	2006	MN
	3	Jason Privitera	1:55:38	2005	NE
	4	Andrew Wiener	1:57:30	2005	
	5	Ben Bousquet	2:25:18	2006	
30-39	1	Jim Beiter	1:35:38	2006	KS
	2	Richard Gordon	1:56:57	2006	
	3	Peter Bowden	2:04:19	2005	
	4	Christopher Kennedy	2:15:45	2005	
	5	Mark Miller	2:24:09	2005	
40-49	1	Mark Robson	1:42:22	2005	MN
	2	Craig Rice	1:45:20	2005	NE
	3	Doug Otto	1:51:30	2005	NE
	4	Doug Lockwood	1:55:23	2005	
	5	Rick Snyder	1:56:10	2005	
50-59	1	Mark Plucinski	1:24:18	2006	MO
	2	Jim Martin	1:40:39	2006	CO
	3	Michael Berkland	1:52:20	2005	
	4	Don Jessen	1:52:29	2006	
	5	Michael Berkland	1:53:40	2006	
60-69	1	Douglas Bradley	2:07:33	2005	MI
	2	Douglas Bradley	2:31:30	2006	MI
	3	Joe Everton	2:59:10	2006	TN
70+					

Top 5 Half Marathon Times - Women

Open	1	Amy Lindgren	1:33:59	2006	MN
	2	Tamara Marker	1:37:03	2005	MN
	3	Karen Plucinski	1:39:41	2006	MO
	4	Lisa Matthiesen	1:40:26	2006	
	5	Adeline Kluth	1:42:22	2006	NE
14-19	1	Aly Altenhofen	1:45:08	2006	
	2	Elizabeth Watson	1:53:09	2006	MN
	3	Heather Harrast	2:02:12	2005	
	4	Kaila Krieser	2:03:40	2006	NE
	5	Valerie Pitts	2:13:57	2006	
20-29	1	Adeline Kluth	1:42:22	2006	NE
	2	Anne Hagen	1:49:07	2006	
	3	Gina Baier	1:56:56	2005	
	4	Erica Hamm	1:59:12	2006	
	5	Erica Hamm	2:04:13	2005	
30-39	1	Amy Lindgren	1:33:59	2006	MN
	2	Tamara Marker	1:37:03	2005	MN
	3	Lisa Matthiesen	1:40:26	2006	
	4	Melanie Larson	1:44:22	2005	
	5	Jen Muchlinski	1:46:17	2005	MN
40-49	1	Karen Plucinski	1:39:41	2006	MO
	2	Kathie Madron	1:44:35	2005	
	3	Barb Gebers	1:49:08	2005	
	4	Becky Nichols	1:54:07	2006	
	5	Cindy Mack	1:56:09	2006	
50-59	1	Andriette Wickstrom	1:44:45	2005	
	2	Barbara Lyle	2:19:21	2006	
	3	Marlene Albers	3:10:33	2005	TX
	4	Irene Wander	3:51:28	2006	OH
60-69	1	Mary Benson	2:26:47	2005	MN
	2	Karen Book	2:43:37	2005	
	3	Sharon Willrett	2:52:55	2006	
70+	1	Lois Degonda	2:40:44	2006	

(Note: All runners are from Iowa, unless noted otherwise.)

Marathon to Marathon Race Records 2006

Top 5 5K Times - Men

Open	1	Chad Leitzen	16:04	2001	IL
	2	Chad Leitzen	16:11	2005	IA
	3	Chad Leitzen	16:26	2004	IA
	4	Ben Skelton	16:52	1999	
	5	Scott Cale	16:55	2001	
0-13	1	Quinton Varce	20:26	2001	
	2	Marshall Wernimont	20:55	2003	
	3	Heath Moenck	21:30	1998	
	4	Kieran Cullen	21:58	2006	
	5	Heath Moenck	22:13	1997	
14-19	1	Scott Cale	16:55	2001	
	2	Cal Thoman	18:40	1997	
	3	Clinton Halverson	18:40	1999	
	4	Nathon Moenck	18:49	1997	
	5	Marshall Wernimont	19:00	2006	
20-29	1	Chad Leitzen	16:04	2001	IL
	2	Chad Leitzen	16:11	2005	IA
	3	Chad Leitzen	16:26	2004	IA
	4	Ben Skelton	16:52	1999	
	5	Ben Skelton	17:01	2000	
30-39	1	Mike Kuchtka	17:10	1997	NE
	2	Michael Peschon	18:05	1996	
	3	Paul Christian	19:04	1998	
	4	Chad Matthaideess	19:04	2001	
	5	Chad Matthaideess	19:05	2003	
40-49	1	Mason Redskin	18:38	1998	NE
	2	Alan Mills	18:57	1998	
	3	Alan Mills	19:10	1999	
	4	Alan Mills	19:51	2003	
	5	Alan Mills	20:03	2002	
50-59	1	Mike Manna	18:50	1998	NE
	2	David Spataru	19:48	2000	
	3	Marlin Binnebose	20:36	2002	
	4	Joe Medema	20:43	1999	
	5	Alan Mills	21:10	2006	
60 -79	1	Dan Blake	21:22	2001	
	2	Gary Cloud	22:27	2004	
	3	Gary Cloud	23:23	2005	
	4	Jim Hite	23:30	1997	GA
	5	Jim Andringa	24:00	2002	
80+		Ben Winkler	53:50	2006	

Top 5 5K Times - Women

Open	1	Molly Wedel	19:07	1998	
	2	Nicole Novotney	19:19	1998	NE
	3	Jenny Mockler	19:26	2005	ENG
	4	Suja Thomas	19:48	1997	NY
	4	Jenny Mockler	19:48	2006	ENG
0-13	1	Carmen Moss	21:49	1998	
	2	Amy Wulfekuhler	23:20	1998	
	3	Teresa Hanna	23:37	1997	
	4	Tracy Snow	24:38	2000	
	5	Carmen Moss	24:54	1997	
14-19	1	Molly Wedel	19:07	1998	
	2	Brieann Reedy	20:34	2005	
	3	Amber Schmidt	20:40	1998	
	4	Brieann Reedy	20:46	2004	
	5	Emily Vanoosbree	20:47	2004	
20-29	1	Nicole Novotney	19:19	1998	NE
	2	Jenny Mockler	19:26	2005	ENG
	3	Jenny Mockler	19:48	2006	ENG
	4	Brooke Ferguson	20:34	2005	
	5	Nicole Tuve	22:23	2003	
30-39	1	Suja Thomas	19:48	1997	NY
	2	Mary Monthel	22:09	1997	MN
	3	Connie Eddie	23:34	2001	
	4	Connie Eddie	23:41	1996	
	5	Connie Eddie	23:59	1997	
40-49	1	Andriette Wickstrom	20:15	1996	
	2	Andriette Wickstrom	21:42	2001	
	3	Cindy Mack	22:47	2005	
	4	Becky Lehr	24:15	2001	
	5	Anne Watts	24:33	1998	CO
50-59	1	Judy Conant	27:23	1998	IL
	2	Bobbi Mechler	27:32	2003	FL
	3	Karen Skelton	27:40	2003	
	4	Karen Book	28:16	1998	
	5	Barbara Warren	29:06	1998	WV
60 +	1	Marge Nielsen	24:49	1996	
	2	Lois DeGonda	26:42	1996	
	3	Karen Book	29:50	2003	
	4	Karen Book	31:35	2006	
	5	Donna Christy	32:03	1998	

(Note: All runners are from Iowa, unless noted otherwise.)

Marathon to Marathon Race Records 2006

Men - Top 5 Relays

1.	Jerry Gulnan, NE Ron Beene, NE Joe Chamberlain, NE Matt Mossman, NE Carl Chamberlain, NE	2:23:13	1997	3.	Laurie Jensen, IA Connie Nedved, IA Ruth Spangler, IA Amber Schmidt, IA Karen Vinson, IA	3:19:31	1996
2.	Ryan Moenck, IA Tim Hanson, IA Brett Sealine, IA Kelby Nitz, IA Matt O'Hare, IA	2:34:19	2003	4.	Carmen Moss, IA Brooke Ferguson, IA Tiffany Dallenbach, IA Brieann Reedy, IA Abby Kliegl, IA	3:23:31	2001
3.	Ryan Moenck, IA Evan Mossman, IA Mike Perin, IA Nathan Moenck, IA Ryan Foley, IA	2:35:37	1998	5.	Karen Hoff, IA Dawn Hayes, IA Sarah Rhoten, IA Margie Augustine, IA Kary Austin, IA	3:23:33	2000
4.	Jon Lindaman, IA Jeff Wubbena, IA Tim Hansen, IA Tom Techlenburg, IA Jerry Beenken, IA	2:36:30	1998	<u>Coed - Top 5 Relays</u>			
5.	Ryan Foley, IA Ryan Moenck, IA Nicholas Wooley, IA Jeff Wubbena, IA Evan Mossman, IA	2:40:16	1997	1.	Scott Hostetler, IA Jason Grubb, IA Denise Grubb, IA Ray Farrens, IA Jean Gill, NE	2:48:40	1998
5.	Ryan Moenck, IA A J Welneth, IA Nathan Moenck, IA Mike Perin, IA Evan Mossman, IA	2:40:16	2000	2.	Ray Farrens, IA Scott Hostetler, IA Dan Flanigan, IA Amy Kakacek, IA Renee Kruse, NE	2:55:04	1999
				3.	Annette Mahoney, NE Jim Mahoney, NE Todd Janvrin, KS Kathy Janvrin, KS Mike Delcore, NE	2:59:55	1997

Women - Top 5 Relays

1.	Julie Rhoten, IA Rena McDonald, IA Margie Augustine, IA Melanie Anderson, IA Kim McDonough, IA	3:10:24	1998	4.	Joe Blunk, IA Nancy Willert, IA Mike Clayton, IA Brenda O'Hare, IA Randall Webb, IA	3:00:49	1999
2.	Brenda O'Hare, IA Karol Krumm, IA Nancy Willert, IA Michelle Roberts, CO Paula Ringler, IA	3:13:07	1998	5.	Ardel Bengtson, NE Jason Grubb, IA Ray Farrens, IA David Currell, MN Kathy Farrens, IA	3:01:51	1997